

# Current school policies on preventing bullying at EU-schools

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5TH CROSS STUDENT EXCHANGE

02.02 – 08.02.2020

LISBON

ENSINUS - ESTUDOS TÉCNICOS E PROFISSIONAIS SA (PORTUGAL)

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# Types of bullying in school

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- Verbal discrimination
- Exclusion of pupils
- Violence
- Cyber-bullying

# What is bullying?

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- Special form of violence
- Consequences for a long time
- Increasing attention in society
- Single or several students harm another student
- Long period of time
- Systematically

# Forms of bullying

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- Direct bullying:
  - Physically or verbally
  - Cyberbullying
- Indirect bullying:
  - Relational bullying
- Most caused by feeling of power, increased status, frustration or boredom

# Intervention in schools

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- Take responsibility:
  - Look where pupils get bullied
  - Step in against violence
  
- Validation:
  - Teachers should talk to witnesses
  - Search for the bullies and victims
  - Look if there is a specific reason for the bullying
  - Victims should visit schoolpsychologists or consulting teachers

# Intervention in schools

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- Interventionprogramms:
  - No blame Approach:
    1. talk to victim
    2. Bullies get asked for help against the victim
    3. Final talk to victim (if things got better)
  - Shared Concern-Method(SCm):
    1. talk to witnesses
    2. Grouptalk with bullies
    3. Grouptalk with bullies and victim (under control of teacher)



# Intervention in schools

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- No-violence-concept:
  1. Clarification about reasons for bullying
  2. Pupils get recruited as „trainers“ – protect the victim
  3. Grouptalk with whole class
- Farsta-method:
  1. Collecting proofs of the bullying
  2. Confrontation of the bully
  3. Talk with bully and victim (parallel)

# Prevention

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- Talks/conferences:
  - Teachers talking about bullying situations
  - Declare the solutions
- Workshops:
  - Workshops about bullying by police officers, psychologists, ...

# Disclaimer

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Co-funded by the  
Erasmus+ Programme  
of the European Union

